

Roselle Park Public Schools
510 Chestnut Street
Roselle Park, New Jersey 07204
"Committed to Excellence"

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Dear Parents/Guardians:

The Roselle Park School District is doing everything possible to protect your child from the spread of the flu epidemic. Although, we have only seen sporadic cases of flu like symptoms in the district, we are taking a proactive approach. Our buildings are being thoroughly cleaned every night, and heavy traffic areas are being disinfected with stronger cleaning solvents. However, we need your help to decrease the spread of the flu epidemic. Please follow the preventive actions below as recommended by the Center for Disease Control (CDC) and see the guide to parents information attached.

The following preventive actions are encouraged by the CDC:

- Stay home when you are sick. You will help prevent others from catching your illness.
- If you or your child gets sick with flu-like illness, CDC recommends staying home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, or mouth. Germs spread this way.
- Clean and disinfect frequently touched surfaces or objects at home, work or school, especially when someone is ill.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

Sincerely,

Pedro Garrido
Superintendent of Schools